

UGENT @ WORK SUMMER SCHOOL
MULTI- AND INTERDISCIPLINARY RESEARCH ON
WELLBEING AT WORK
27 JUNE 2022–1 JULY 2022

Abstract. Few topics are studied in so many disciplines as wellbeing at work. Therefore, to thoroughly answer research questions related to wellbeing at work, it is necessary to surpass a merely monodisciplinary approach. In the UGent @ Work Summer School, participants from multiple disciplines will (i) be immersed in the literature on wellbeing at work by means of **multidisciplinary lectures by (inter)nationally renowned experts**, (ii) **draw up an original, interdisciplinary research proposal** in collaboration with another participant from another discipline, and (iii) attend a **public event with HR practitioners** which will stress the importance of research on wellbeing at work in practice.

Objectives. The UGent @ Work Summer School has three core objectives. First, the Summer School allows and encourages the participants to interact with **(inter)nationally renowned experts** from different disciplines during their lectures on wellbeing at work (see also the programme on the next page). Among these experts are **prof. dr. Evangelia Demerouti** and **prof. dr. Arnold Bakker**, who are the two founders of the job demands-resources model, the most-often used model by (UGent-)researchers examining wellbeing at work. Second, the Summer School allows and encourages participants to get to know each other('s research) better. To facilitate this, at the start of the Summer School participants shortly and informally present their research (during a 'presentation' without slides or by means of a poster presentation – if most participants opt for a poster presentation, there will be a 'Best Poster Award' with a prize of €250 for the best poster). Additionally, during the Summer School there will be two informal networking events: a city game and an informal dinner. Next, inspired by the lectures of the abovementioned experts, participants will collaborate with a colleague-participant from another discipline to draw up an original, **interdisciplinary research proposal** on wellbeing at work. Third, the participants of the Summer School will attend a **public event with HR practitioners** through which they may be inspired to come up with new research questions with respect to wellbeing at work, potentially already for the research proposal which will be drawn up during this Summer school.

Teaching methods. The activities of this Summer School are concentrated in **one single week**. First, participants attend **eight lectures** by (inter)nationally renowned experts with respect to wellbeing at work. After four out of eight of these lectures, the participants hand in a one page summary. Second, participants draw up a **research proposal** which they will present at the end of the Summer School. Third, participants attend a **public event with HR practitioners**.

Evaluation criteria. Participants will be evaluated based on **four criteria**: (i) full attendance and active participation during eight lectures (20%); (ii) synthesis of four out of eight lectures (20%); (iii) full attendance during public event (10%); and (iv) presentation and discussion of their research proposal at the end of the Summer School (50%).

Target group. PhD students whose research relates (in the broad sense) to wellbeing at work. The Summer School is **recognised by the Doctoral Schools at Ghent University as a specialist course in the Doctoral Training Programme**.

Practicalities. Registration is **free of charge**. PhD students can subscribe for the 2022 edition by means of an e-mail to the coordinator of UGent @ Work, dr. Brecht Neyt (Brecht.Neyt@UGent.be), who is also available for questions. The Summer School will be organised at the **Faculty of Economics and Business administration** (Tweekerkenstraat 2, 9000 Gent).

Programme with time schedule.

	Monday 27/06/2022	Tuesday 28/06/2022	Wednesday 29/06/2022	Thursday 30/06/2022	Friday 01/07/2022
09.30 – 11.00h	ORGANISATION: Introduction and short and informal presentation of research, session 1 (dr. B. Neyt)	PUBLIC EVENT: Panel debate 1 between HR practitioners and (external) lecturers, session 1	UGENT LECT.: Wellbeing at work from a HEALTH SCIENCES point of view (prof. E. Clays; prof. L. Braeckman)	EXTERN. LECT.: Wellbeing at work from a PSYCHOLOGY point of view (prof. N. De Cuyper)	ASSIGNMENT: Presentation and discussion of research proposal (dr. B. Neyt; prof. S. Baert)
11.00 – 12.30h	ORGANISATION: Short and informal presentation of research, session 2 and formation of groups (dr. B. Neyt)	PUBLIC EVENT: Panel debate 1 between HR practitioners and (external) lecturers, session 2	ASSIGNMENT: Work on research proposal (Self-reliant activity; dr. B. Neyt is available for feedback)	ASSIGNMENT: Work on research proposal (Self-reliant activity; dr. B. Neyt is available for feedback)	ASSIGNMENT: Presentation and discussion of research proposal (dr. B. Neyt; prof. S. Baert)
12.30h – 13.30h	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
13.30 – 15.00h	UGENT LECT.: Wellbeing at work from a HRM/ ECONOMIC point of view (prof. M. Audenaert)	EXTERN. LECT.: Wellbeing at work from a HRM/ ECONOMIC point of view (prof. J. Akkermans)	UGENT LECT.: Wellbeing at work from a PSYCHOLOGY point of view (prof. E. Deraus)	UGENT LECT.: Wellbeing at work from a COMMUNICATION SCIENCES point of view (prof. M. Vanden Abeele)	ORGANISATION: Deliberation (participants need not be present) (dr. B. Neyt; prof. S. Baert)
15.00 – 16.30h	EXTERN. LECT.: Wellbeing at work from a PSYCHOLOGY point of view (prof. H. De Witte)	EXTERN. LECT.: Wellbeing at work from a HRM/ ECONOMIC point of view (prof. E. Demerouti)	ASSIGNMENT: Work on research proposal (Self-reliant activity; dr. B. Neyt is available for feedback)	ASSIGNMENT: Work on research proposal (Self-reliant activity; dr. B. Neyt is available for feedback)	ORGANISATION: Feedback (dr. B. Neyt; prof. S. Baert)
16.30 – 18.00h	SOCIAL/ NETWORK ACTIVITY: Guided city game in Ghent for participants (Venue TBD)	EXTERN. LECT.: Wellbeing at work from a PSYCHOLOGY point of view (prof. A. Bakker)	ASSIGNMENT: Work on research proposal (Self-reliant activity; dr. B. Neyt is available for feedback)	ASSIGNMENT: Work on research proposal (Self-reliant activity; dr. B. Neyt is available for feedback)	
19.00h – 21.00h	SOCIAL/ NETWORK ACTIVITY: Informal dinner for participants at own expense (venue TBD)				